

# First Things First

Newsletter of the Western Maryland Intergroup of Alcoholics Anonymous

## Zoom meetings available 24/7

If you have a computer or smart phone, it's easy to join a growing number of virtual meetings and connect with A.A. members all over the world.

Some "marathon" Zoom meetings are active around the clock.

The 319 A.A. Group started a Zoom meeting on March 19 — 3/19 — of 2020, when COVID struck. They've been going 24/7 ever since.

Around 120 people attended one recent meeting in June, with a topic of "Surrender to Win."

"When tragedy locked down the world, we found a place online where we could continue to share our experience, strength, and hope," a note at [319aagroup.org](http://319aagroup.org) says.

Around Allegany and Garrett counties,, most Zoom meetings petered out after COVID, as it became possible to meet in person again.

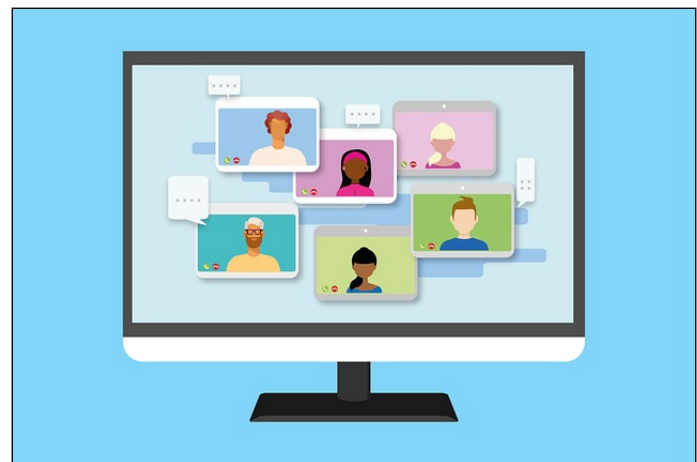
But across the country — and around the world — the number of virtual meetings is growing fast.

A.A.'s General Service Office in New York City reported this spring that there were 1,168 online groups listed in December 2022 — almost twice as many as eight months prior when there were 595.

How to integrate online meetings and other technology into A.A.'s existing model was the focus of the 27th World Service Meeting in October 2022. Seventy-nine delegates from 49 countries attended "Carrying the Message of A.A. in the Digital Age," which took place online.

Amanda S., chair of the General Service Board of A.A. in Great Britain, attended her first

*continued on page 2*



### Marathon meetings

The following are a few Zoom meetings that are 24/7, with a new topic starting every hour on the hour.

#### —319 A.A. Marathon

**Coed:** ID 874 8843  
9072; PW 267482

Launched on 3/19/2020 to keep A.A. meetings available during the COVID pandemic. Go to [319aagroup.org](http://319aagroup.org) for more information.



#### —24-Hour Marathon

**Coed (based in New Zealand):** ID 292 371 2604; PW none  
"Join from anywhere on Planet Earth."

**—Women's 24-Hour Marathon:** ID 928 9414 8568; PW Billw

**—aahomegroup.org:** Offers a 24/7 open meeting. Launch from the website.

**—A schedule of regular A.A. Zoom meetings is available at <https://aa-intergroup.org/meetings>**

Zoom A.A. meeting hesitantly, and with speculation.

“But rather like when I entered A.A. 18 years ago, the gift of desperation got me to my first online meeting,” she said at the World Service Meeting. “I had to be willing to give it a try because I couldn’t get to my face-to-face meeting and there was nothing else.

“What I discovered was a new world opening up to me — the meeting was amazing. Not only was I able to connect with my home group members...but we began to get visitors from all over the world. Parents who could not make the meeting because of childcare issues were suddenly able to do so. My friend Benny, in his 80s and 55 years sober, who was too unwell to travel to a meeting, was also able to attend.”

Some delegates voiced concerns about virtual meetings, as well. Online groups lack the “spiritual impact of talking with each other after the meeting that is typical in physical meetings,” some said; others worry about privacy,, confidentiality, and an erosion of service activity.

A September National A.A. Technology Workshop (NAATW) at Shenandoah University in Winchester, Va., will address issues around bringing A.A. into a technological age. Go to [naatw.org](https://naatw.org) for more information.

See the entire Final Report from the 27<sup>th</sup> World Service Conference at [https://www.aa.org/sites/default/files/literature/f-150\\_en\\_2022.pdf](https://www.aa.org/sites/default/files/literature/f-150_en_2022.pdf)



National AA Technology Workshop  
 Hybrid format  
 2023  
 "Solving, Sharing, and Scaling Solutions"  
 September 8<sup>th</sup> - 10<sup>th</sup>  
 Shenandoah University  
 Winchester, VA  
 Visit our website today to:  
 - Submit a presentation - Register for the event  
 - Sign up to volunteer - Find special hotel rates  
 - Learn more!  
 \$70 In-person  
 \$45 Online  
<https://naatw.org>

# Western Maryland Intergroup hosting events



HOSTED BY: WESTERN MARYLAND INTERGROUP  
**RECOVERY BIKE RIDE**  
 The Mule Spring Gap  
**SUNDAY, JULY 16TH**  
 All riders meet at the Cumberland train station near the Mule Statue at 1pm. Ride the C&O Tow Path - 12 miles, to Spring Gap Campground with AA meeting and cookout to follow. There will be transportation available for anyone who wants a ride back to the station. Don't want to ride - meet us at Spring Gap Campground at 3pm for AA meeting and cookout.  
 For more information contact  
 Kenny L. at 240-920-8141

## MARK YOUR CALENDAR

SEPT. 9, 2023

Western Maryland Intergroup presents

## A.A. Basics: A Workshop

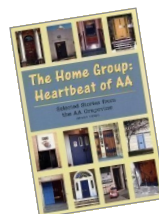
Feeling lost when you hear talk in meetings about getting a sponsor? Or a home group? Or a service position? Maybe you know about those things but would like to deepen your knowledge about why we do the things we do in A.A.



Come learn more about the Fellowship with us!

(We'll have food! We'll have pamphlets!)

\*Stay tuned: Time and place TBD





# It's picnic and camping season!

## Help local and regional groups celebrate summer

**NEW HOPE BBQ August 5, 2023**  
**Constitution Park Pavilion 6**

The Annual BBQ for New Hope group is Saturday, August 5, 2023. Set up and fellowship start at 11 am. The meeting is at 12 pm with food afterward. Drinks and BBQ meats are provided by the group. Please bring a side dish or dessert.



Everyone Is Welcome, Invited, & Encouraged to Attend

### Mustard Seed's Annual Picnic

Herrington Manor Lake Park Pavilion by the boat ramp  
 Saturday, August 12  
 (Just Mosey on after the 10 am AA meeting is finished)



DISTRICT 22  
 AAIG  
 FIRST ANNUAL  
**BEACH PICNIC**  
 SEPTEMBER  
 17TH 2023

**ACTIVITIES**  
 BBQ & FELLOWSHIP  
 BEACHSIDE MEETINGS BY DISTRICTS 6, 31 & 42

SUNDAY SEPTEMBER 17TH  
 FIRST MEETING 11AM  
 BBQ 12-2PM  
 MEETING @ 2PM  
 MEETING @ 4PM

SANDY POINT STATE PARK  
 RSVP + INFO  
 D22MD.ORG  
 INFO@D22MD.ORG



**HUCKLEBUCK**  
 July 14<sup>th</sup> – 16<sup>th</sup>, 2023

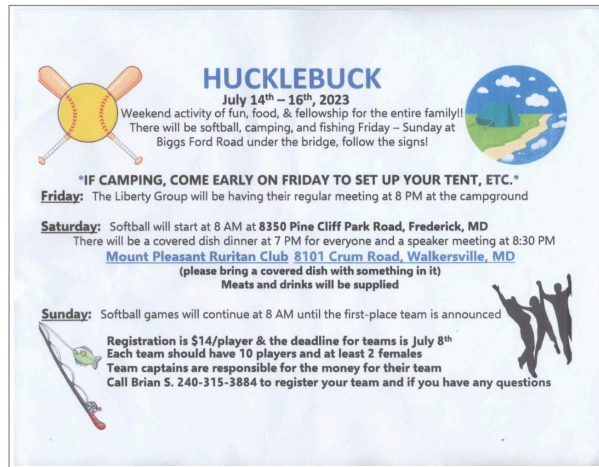
Weekend activity of fun, food, & fellowship for the entire family!!  
 There will be softball, camping, and fishing Friday – Sunday at Biggs Ford Road under the bridge, follow the signs!

**"IF CAMPING, COME EARLY ON FRIDAY TO SET UP YOUR TENT, ETC."**  
**Friday:** The Liberty Group will be having their regular meeting at 8 PM at the campground

**Saturday:** Softball will start at 8 AM at 8350 Pine Cliff Park Road, Frederick, MD  
 There will be a covered dish dinner at 7 PM for everyone and a speaker meeting at 8:30 PM  
Mount Pleasant Ruritan Club 8101 Crum Road, Walkersville, MD  
 (please bring a covered dish with something in it)  
 Meats and drinks will be supplied

**Sunday:** Softball games will continue at 8 AM until the first-place team is announced

Registration is \$14/player & the deadline for teams is July 8<sup>th</sup>  
 Each team should have 10 players and at least 2 females  
 Team captains are responsible for the money for their team  
 Call Brian S. 240-315-3884 to register your team and if you have any questions



**DISTRICT 40 & 41**  
**8<sup>TH</sup> ANNUAL PICNIC**

WHERE - OLD NATIONAL PIKE PARK  
 12406 OLD NATIONAL PIKE  
 (RT 144) MT AIRY, MD. 21771

WHEN - SAT. Sept 30<sup>th</sup> 2PM - 6PM  
 SPEAKER MEETING 3PM  
 Al-Anon - Sue N. - Mount Airy  
 AA - Mike M. - Baltimore

WHY - FOOD, FUN AND FELLOWSHIP  
 ALL FAMILY AND FRIENDS WELCOME  
 BURGERS, DOGS, BEVERAGES PROVIDED  
 BRING A COVERED DISH IF YOU LIKE OR  
 JUST BRING A SMILE AND JOIN US FOR  
 A GREAT DAY OF FELLOWSHIP

50/50 RAFFLE  
 PLAYGROUND  
 NATURE WALK TRAIL



**SUNLIGHT of the SPIRIT**  
 August 11-13, 2023  
 Wyndham Garden York Hotel  
 York, PA

See our website to purchase tickets, book rooms, and get information:  
[Sunlightyork.org](http://Sunlightyork.org)

Fri 8:00 pm **Cleo D.** Baltimore, MD  
 Sat 8:30 am Open Meeting  
 10:00 am **Paul M.** Glenville, PA  
 11:30 am Roundtable Discussion  
 2:00 pm **Martha G.** Al-anon Zelenople, PA  
 4:00 pm **Tony M.** Oklahoma City, OK  
 8:00 pm **Bruce E.** Eau Claire WI  
 Sun 9:30 am **Arnold R.** Baltimore, MD

Details: Contacts: Julie B. (717) 434-9588; Rick B. (717) 870-7731  
Light refreshments provided in our hospitality room. Some dietary restrictions. Venues on site: Sticks'n French Press & Choco L. Mocha. Wyndham Garden York Hotel, 2000 Lantico Roadway, York PA 21740. (717) 848-9300. (865 and 845 per night - see website).

Don't miss out!! Get your registration now!  
**REGISTRATION for AUGUST 11-13, 2023**  
 \$25 per person (non-refundable) if postmarked by July 30th, 2023  
 \$30 per person if postmarked after July 30th and all four doors will be accepted until capacity is reached.

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_  
 ADDRESS: \_\_\_\_\_ TEL: \_\_\_\_\_  
 CITY, STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_  
 EMAIL: \_\_\_\_\_ #Attending: \_\_\_\_\_ Amt \$: \_\_\_\_\_

**Sessions by the Trees**  
 August 11-13 2023

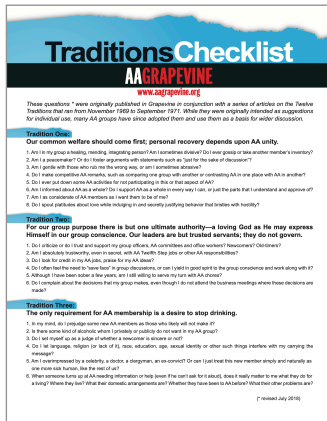
**Greenbrier State Park**  
 21843 National Pike,  
 Boonsboro, MD 21713

2 tents at a site  
 \$75 total for both nights  
 AA meeting every morning & night  
 AA Meeting & Potluck Sat. Night  
 Megan 443-536-6774  
 Venmo, Zelle, Cash App, or Check



# Tradition 7: Every A.A. group ought to be fully self-supporting, declining outside contributions

## From Traditions Checklist



Find the Traditions Checklist at <https://www.aagrapevine.org/sites/default/files/2020-01/GV-Traditions-Checklist-2018.pdf>

*1. Honestly, now, do I do all I can to help A.A. (my group, my central office, my General Service Office) remain self-supporting? Could I put a little more into the basket on behalf of the new person who can't afford it yet? How generous was I when drunk in a barroom?*

“I typically put \$1 into the basket at any given meeting, figuring that I’m paying for the cup of coffee (or three) that I’m drinking and some small percentage toward the rent and other group expenses. I’ve done this pretty consistently since I was a newcomer in 1992. It occurs to me that I haven’t considered inflation over the years when it comes to my A.A. contributions. Strange, since I’ve had to adjust for inflation

**SELF-SUPPORT**

The Seventh Tradition states that Alcoholics Anonymous is self-supporting through our own contributions. The contributions help to cover the group's expenses. But the Seventh Tradition is more than simply paying for rent and other group expenses. It is both a privilege and a responsibility of individual groups and members to ensure that our organization, at every level, remains forever self-supporting and free of outside influences that might divert us from our primary purpose.

The monetary amount of each contribution is secondary to the spiritual connection that joins us in unity with A.A. groups around the world.

Service Material from the General Service Office

Does your group have a Self-Support card? Find one at <https://onlineliterature.aa.org/Self-Support-Card>

in every other arena of life! I can do more, especially considering the needs of Intergroup, Maryland General Service, and the General Service Office in New York, who do so much to help carry the message to sick and suffering alcoholics.”

—Kristin B.

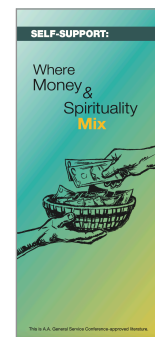
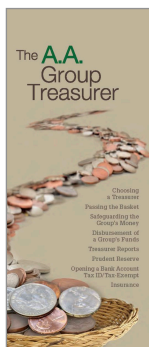
## Get into Service

Most A.A. home groups offer members an opportunity to become involved through various service positions, such as secretary, treasurer, chairperson, Literature representative, coffee-maker, clean-up helper, greeter, General Service rep, and Intergroup representative, to name a few. First Things First highlights a different service position each month.

### Service position: **Treasurer**

The group treasurer is one of the most responsible positions in any A.A. group. The money the treasurer oversees serves a spiritual purpose, and he or she should be well-grounded in the 12 Traditions. Most groups request a treasurer’s report at monthly or regularly scheduled business meetings, so that members can stay informed about the group’s financial health and make group conscience decisions about how money should be spent.

Find out more at [https://www.aa.org/sites/default/files/literature/F-96\\_en\\_o122.pdf](https://www.aa.org/sites/default/files/literature/F-96_en_o122.pdf)  
[https://www.aa.org/sites/default/files/literature/F-3\\_selfsupport\\_o422.pdf](https://www.aa.org/sites/default/files/literature/F-3_selfsupport_o422.pdf)





# Thanks for your support!



In June, the following groups contributed to Western Maryland Intergroup:

**New Hope Group (Cumberland): \$200.00**

Western Maryland Intergroup is made up of representatives from Alcoholics Anonymous groups in the area and strives to help those groups carry the message to still-suffering alcoholics. We do this by:

- Creating and distributing Where & When meeting lists;
- Creating and distributing a monthly newsletter;
- Answering a hotline (844-568-3422);
- Hosting workshops and activities, as well as the annual Gratitude Breakfast;
- Providing A.A. literature to local treatment and detention centers;
- Cooperating with the professional community to increase awareness and understanding of Alcoholics Anonymous;
- Providing a P.O. Box for correspondence (P.O. Box 403, Cumberland, MD, 21501-0403).

Every A.A. group in the area can elect a representative to Intergroup. We attend monthly meetings, contribute ideas and skills, and help to form the collective group conscience for A.A. in the area.

Meetings are at 6 p.m. the third Friday of each month. **The next meeting is July 21, at The Oakland Liberty Club, 125 E. Liberty St., Oakland, Md.**

**PLAIN LANGUAGE TRANSLATION - SAVE THE DATE**

Spanish Interpretation upon request ASL Interpretation upon request

Working Title: **A Tool for Accessing The Big Book of Alcoholics Anonymous**

**Sunday, August 20, 2023 @ 3 P.M. EDT**  
ID: 841 2499 3206 PW: 326186

A review of the origin and progress of the Plain Language Big Book Translation

Presented by:  
**John W. - Non-Trustee Director AAWS**  
with Delegate feedback and Q&A

*Accessibilities@MarylandAA.org*

**51<sup>st</sup> Annual Area 29 Maryland State Convention August 4-6, 2023**

Hosted by Maryland General Service, Inc. with AA-Anon Participation

Held at the Delta Hotel by Marriott - Hunt Valley  
245 Shawan Road, Hunt Valley, MD 21031

| AA Speakers  | Friday, August 4th   | Saturday, August 5th  |
|--|--|---|
| Amelia C. - Farmington, CT<br>Phyllis JPM  | 7:00 am Registration Opens<br>8:15 am Prayer and Meditation            | 7:00 am Registration Opens<br>8:15 am Prayer and Meditation                               |
| Stephanie L. - Eastampton, NJ<br>Phyllis JPM   | 10:00 am Workshops<br>11:30 am Lunch on your own                       | 9:00 am AA Speaker Meeting<br>10:30 am AA Anon Speaker Meeting                            |
| Barbby R. - Nashville, TN<br>Phyllis JPM   | 11:30 am Workshops/Delegate Report<br>1:00 pm AA Speaker Meeting       | 12:00 pm Lunch & A.C. Cater<br>1:00 pm Old Times Panel                                    |
| Greg T. - South Deerfield, MA<br>Suzanne Ann   | 2:30 pm Workshops<br>4:00 pm AA Speaker Meeting                        | 2:30 pm Workshops<br>4:00 pm Delegate Report  |
| Jimmy A. - Spring Lake Heights, NJ<br>Suzanne Ann  | 4:00 pm AA Speaker Meeting<br>6:00 pm Dinner on your own               | 5:30 pm Dinner Banquet<br>7:00 pm Meet Area 29 Officers and Sobriety Countdown            |
| Sara V. - Frederick, MD<br>Suzanne Ann   | 7:00 pm AA Speaker Meeting<br>9:00 pm Ice Cream Social with Live Music | 7:30 pm AA Speaker Meeting<br>9:00 pm Ice Cream Social w/ Live Music                      |
| <b>AA Anon Speaker</b><br>Katie C. - Frederick, MD<br>at 10:00 am                          | 10:00 pm AA History Presentation: Flooding Moments                     | 10:00 pm Recovery Talent Show   |
| <b>Open AA and AA Anon Meetings</b><br>at intervals each day                               |  |   |
| <b>Evening Activities</b><br>Ice Cream Social (6:00-9:00 pm)<br>Live Music and Talent Show | <b>Pre-Registration Gift</b><br>Lunch<br>See Book                      | <b>Sunday, August 6th</b><br>9:15 am Prayer and Meditation<br>10:00 am AA Speaker Meeting |

Convention Hotel Room Rate: \$124/per night + tax  
 Hotel reservations must be made by Sunday, July 9, 2023  
 For hotel reservations, call 844-781-7404  
 (Code: MGS 2023 State Convention)  
 For online hotel reservations click on—  
 Book your group rate for MGS 2023 State Convention  
<https://www.marriott.com/event-reservations/reservation-link.mi?cl=1660295473548key-GRP&app=revlink>

**Online registration is open for the 51st annual Maryland State Convention.**  
<https://www.marylandaa.org/state-convention-3/shop>

*First Things First* is published by the Western Maryland Intergroup of Alcoholics Anonymous.

P.O. Box 403, Cumberland, MD 21501-0403

**Website:** <https://westernmarylandaa.org>

**Email:** [westernmarylandaa@gmail.com](mailto:westernmarylandaa@gmail.com)

**24-hour Hotline:** 844-568-3422, or 844-LOVE4AA

Submissions are welcome! If you have an idea or a story, send us an e-mail.

The views expressed in *First Things First* represent those of individuals and do not imply endorsement by Alcoholics Anonymous.

# What happened at the meeting?

## Western Maryland Intergroup, June 16, 2023 meeting minutes

**Attendance**

Call to Order at 6.11 pm  
 Adjourned at pm  
 Serenity Prayer  
 Traditions

May 19, 2023 minutes approved.

**Treasurer**

|                                |         |
|--------------------------------|---------|
| Starting balance               | 3468.06 |
| May paper statement fee        | -1.00   |
| July hotline                   | -36.78  |
| Rent collected & donated to LC | 8.00    |
| New Hope donation              | 200.00  |
| Ending balance                 | 3630.00 |

**Institutions**

Found the booklet to order the literature for Massie.  
 Thanks to Tim on the Hill for providing the books.

**Activities**

Kenny wants to have breakfast and a bike ride then late lunch. 12 miles ride. Afternoon lunch between 3 4pm. After lunch, there's a meeting. A motion was made to make Kenny chair of the bike ride.

Talk about new activities to do like bowling. Have an event called the AA Basics: Home Group, Sponsorship, Service. Announce the heck out of it. We each bring two people to the event. Event will take place September 9, 2023. Order 25 copies of each pamphlet. Motion was passed to order the pamphlets.

Before the event, the group will create a document that guides people to observe the event and make sure we meet certain objectives. Like a 10th step for the event.

**Website**

Wendell and Erin met to discuss the website. They have some SOPs. Lora's been sending information. Present information about moving from Wix to GoDaddy. When the google sheet is updated, then the app for where and when handouts is updated.

Proposal is to buy the domain name from Wix for a year. Then reconsider moving to GoDaddy next year.

Where and When is created in special software. If someone else wanted to do it, they would have to buy the software, which is \$239.00. Tabled the discussion about moving the responsibility for the Where and When from Kristin to the web team.

**CPC**

Went to the police station in McHenry. Said he could bring Where and When handouts. Not sure if they have Where and When handouts in the jail. Lee said they only need them when they get out. Asked about case managers. Gave a stack of where and when handouts to a federal prison, who gave them to the case managers.

Dan brought up buying pamphlets with Fort Recovery. GS was clear that it was against traditions to buy pamphlets.

Kenny brought up a meeting issue. The group supported him.

**Where & When handouts**

Wendell - added to the google sheet from Preston County and in Davis. There are a number of meetings in Keyser. Add the month/year of the date print, so they won't be out of date.

**Hotline**

Going fine. NY does have the correct number. If you look up the group, the hotline comes up. Got seven calls. One was missed. Don't leave a voicemail doesn't get a call back.

**Old Business**

Farren sent JC a certified letter. But has had no response. Do we reach out to him in a different way? Everyone said to leave it alone. Revisit in two months if no response.  
 Kenny went to Smitty's and saw the posters.

Our next meeting will be July 21, 2023.



# How many steps to the front door of Dr. Bob’s home? Visitors welcome every day except Christmas



Dr. Bob and his wife, Anne, lived at 855 Ardmore Ave., in Akron, Ohio, for 34 years, from 1916, when they married, to their deaths in 1949 (Anne) and 1950 (Dr. Bob).

If you visit A.A. cofounder Dr. Bob’s house at 855 Ardmore Ave., in Akron, Ohio, a guide will more than likely point out one fascinating fact.

There are exactly 12 steps that lead from the sidewalk to the front door. Take steps 1, 2, and 3, and you’ll find a brief platform where you can pause (and maybe say the Third Step Prayer?) before you move on to steps 4, 5, 6, and 7. Another platform leaves a moment for a pause (and maybe the Seventh Step Prayer?) before the final ascent — steps 8 through 12.

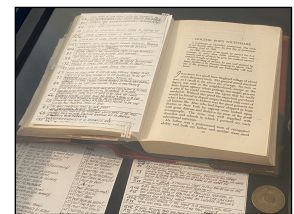
A coincidence? Fate? A wink and a nod from a Higher Power?

One thing is certain. It wasn’t Dr. Bob’s way of tipping his cap to A.A. He lived — and drank — in the house for many years before the fateful

day in 1935 when he met Bill W. and the two created the 12 Steps and the A.A. program of recovery. The steps leading up to the house haven’t ever been modified, a guide said during a tour one recent Saturday.

The home, filled with original and period furniture and historical A.A. memorabilia, is open for tours from noon to 3 p.m. every day except Christmas. Visitors, many of them A.A. members from around the world, are greeted warmly with, “Welcome Home!”

“It was in this house and surrounding neighborhood where the miracle of recovery began for many hundreds of men and women; individuals who went on to spread this welcome message of recovery around the world,” reads a description of the home at [drbobshome.org](http://drbobshome.org). “Many visitors have spoken of a feeling of oneness with the spirit of AA as soon as they climbed the front steps and crossed the threshold. It is our hope and belief that you will, too.”



Dr. Bob’s hand-written outline for his story in the Big Book is displayed at his home.

## Founders Day at Dr. Bob’s Home

Takes place each year in June, when around 10,000 visitors come from around the world to celebrate the beginning of A.A. Next year’s event is June 7-9, 2024.



Other historic A.A. sites are scattered around Akron, including the Mayflower Hotel (now low-income housing), where Bill made the fateful phone call to find an alcoholic to help), and Seiberling Gatehouse, where

Bill and Dr. Bob first met — one alcoholic helping another.

Go to [drbobshome.org](http://drbobshome.org), and [akronaa.org](http://akronaa.org)



## July/August anniversaries

- Diana D., Mustard Seed, 7/1/1994
- Mike O., HOW, 7/1/2007
- Nathan F., Keyser, 7/1/2017
- Mike D., 7/15/2002
- Dan C., Mustard Seed, 7/22/1990
- Bev G., Frostburg, 7/23/2015
- Gary G., Frostburg, 7/23/2015
- Lawry E., Frostburg Friday Night, 7/29/1992
- Bob R., New Hope, 8/9/1992
- Christopher Z., Sunday Night Step, 8/16/1987
- Farren S., Sunday Night Step, 8/9/2012
- Fred M., Lake Group, 8/19/2012
- Shane C., Ridgeley Renegades, 8/22/2008
- Ted B., Frostburg, 8/23/2017
- Mary Ann G., Sunday Serenity, 8/28/1983

To include your anniversary in *First Things First*, email [westernmarylandaa@gmail.com](mailto:westernmarylandaa@gmail.com), or enter your information on the website, [www.westernmarylandaa.org](http://www.westernmarylandaa.org).

66th ANNUAL A.A.  
**SESSIONS By - The - Sea**  
 Tuesday thru Sunday  
 September 5-10, 2023  
 CONVENTION HALL - OCEAN CITY, MARYLAND  
 We are pleased to announce an outstanding program

|   |   |
|---|---|
| <p><b>TUESDAY EVENING</b><br/>Beth B.<br/>Omaha, NE<br/>8:30 P.M.</p> <p><b>WEDNESDAY EVENING</b><br/>Diane J.<br/>Rocky Hill, CT<br/>8:30 P.M.</p> <p><b>THURSDAY EVENING</b><br/>Yvonne S.<br/>Los Angeles, CA<br/>8:30 P.M.</p> <p><b>FRIDAY MORNING (AFG)</b><br/>Rhonda J.<br/>Rocky Hill, CT<br/>10:00 A.M.</p> | <p><b>FRIDAY EVENING</b><br/>Lee M.<br/>Washington DC<br/>8:30 P.M.</p> <p><b>SATURDAY MORNING (AFG)</b><br/>Beverly B.<br/>Lewisville, TX<br/>10:00 A.M.</p> <p><b>SATURDAY EVENING</b><br/>Georgia B.<br/>Monrovia, CA<br/>8:00 P.M.</p> <p><b>SUNDAY MORNING</b><br/>Ed M.<br/>Cape May, NJ<br/>10:00 A.M.</p> |
|---|---|

THERE WILL BE NO SMOKING IN THE CONVENTION HALL  
 - Interpreter for the hearing impaired -

Good Fellowship      Golf Tournament      A.A. Literature      Fishing Trip  
 Good Speakers      Good Beach

Registrations must be picked up at the Convention Center. You must be pre-registered, and the same badge must be worn visibly to attend any event at the Convention Center. There will be no other Registrations or Name badges available at Sessions.  
 GO TO <https://www.sessionsbythesea.com/> FOR REGISTRATION

## Meeting notes

—The Grantsville Into Action Group is has moved to its Monday meeting to Sunday at 6 p.m.



—The New Hope group has moved back to St. Patrick Catholic Church, 201 N. Centre St., Cumberland. Meetings are at 8 p.m. Wednesdays and 12 noon on Saturdays.

—Smitty's Tire meetings are now the Sick and Tire group on Tuesdays at 7 p.m., and the Meet and Taters group on Fridays at 7 p.m.

—The Up the Crick meeting is at 6:30 p.m. Thursdays at Lonaconing Town Hall in the Iron Furnace Park. The group is currently reading from *Living Sober*.